



# Lambert & MS Breakfast Menu

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
|  | 1<br>BREAKFAST PIZZA, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*FUNNEL RING, WG                | 2<br>CONFETTI PANCAKES W/SYRUP, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*EGG, CHEESE, SAUSAGE SAND., WG        | 3<br>CINNAMON ROLL, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*PANCAKE ON A STICK, WG  | 4<br>FRUITLOOP S WAFFLES W/SYRUP, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*BREAKFAST PIZZA, WG  |
| 7<br>APPLE FILLED DONUT RING, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*TORNADO, WG      | 8<br>CREAM CHEESE FILLED BAGEL, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*BISCUITS & GRAVY, WG | 9<br>RAINBOW YOGURT W/GRANOLA, WG<br>GRAHAM BEARS, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*STUFFED HASHBROWN  | 10<br>PANCAKE SAUSAGE GRIDDLE, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*YOGURT PARFAIT, WG                                       | 11<br>FRENCH TOAST STICKS W/SYRUP, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*BREAKFAST PIZZA, WG |
| 14<br>LONG JOHN, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*TORNADO, WG                   | 15<br>BREAKFAST PIZZA, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*FROOT LOOP WAFFLES, WG        | 16<br>CHOCOLATE FILLED BREAKFAST BITE, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*EGG, CHEESE, SAUSAGE SAND., WG | 17<br>NO SCHOOL TODAY   | 18<br>NO SCHOOL TODAY  |
| 21<br>NO SCHOOL TODAY  | 22<br>GRAPE FILLED CROISSANT, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*BISCUITS & GRAVY, WG   | 23<br>CINNAMON ROLL, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*STUFFED HASHBROWN                                | 24<br>EGG & CHEESE HASHBROWN, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*YOGURT PARFAIT, WG  | 25<br>FROSTED FUNNEL RING, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*BREAKFAST PIZZA, WG         |
| 28<br>FRENCH TOAST STICKS W/SYRUP, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*TORNADO, WG | 29<br>APPLE FILLED DONUT RING, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*BISCUITS & GRAVY, WG  | 30<br>CREAM CHEESE FILLED BAGEL, WG<br>FRUIT<br>100% FRUIT JUICE<br>MILK VARIETY<br><br>*EGG, CHEESE, SAUSAGE SAND., WG       | <div>Alternate Breakfast Menu</div> <div>CEREAL OR CEREAL BAR, WG</div> <div>MUFFIN, WG</div> <div>FRUIT</div> <div>JUICE</div> <div>MILK</div> |  |

This institution is an  
equal opportunity  
provider.

MENU SUBJECT TO CHANGE

MILK VARIETY  
Chocolate, Fat Free  
White Fat Free  
White, LoFat, 1%