



Lambert & MS Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 RAINBOW YOGURT W/GRANOLA, W/G GRAHAM BEARS FRUIT 100% FRUIT JUICE MILK VARIETY *EGG, SAUSAGE, CHEESE SAND., W/G	2 BREAKFAST PIZZA, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *APPLE FILLED DONUT, W/G
5 LONG JOHN, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *TORNADO, W/G	6 APPLE FRUDEL, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *BISCUITS & GRAVY, W/G	7 CHOCOLATE FILLED BREAKFAST BITE, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *PANCAKE ON A STICK, W/G	8 BREAKFAST PIZZA, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *YOGURT PARFAIT, W/G	9 PANCAKE ON A STICK W/ SYRUP, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *BREAKFAST PIZZA, W/G
12 EGG/CHEESE STUFFED HASHBROWN FRUIT 100% FRUIT JUICE MILK VARIETY *CHOCOLATE DONUT BITES, W/G	13 BAVARIAN WAFFLE STICKS W/SYRUP, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *PANCAKE SAUSAGE GRIDDLE, W/G	14 PANCAKES W/SYRUP, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *TORNADO, W/G	15 MINI DONUT RINGS, W/G FRUIT 100% FRUIT JUICE MILK VARIETY EGG, SAUSAGE, CHEESE SAND., W/G	16 BREAKFAST PIZZA, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *LONG JOHN, W/G
19 FRENCH TOAST STICKS W/SYRUP, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *TORNADO, W/G	20 APPLE FILLED DONUT RING, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *BISCUITS & GRAVY, W/G	21 CREAM CHEESE FILLED BAGEL, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *PANCAKE ON A STICK, W/G	22 RAINBOW YOGURT W/GRANOLA GRAHAM BEARS, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *PANCAKE SAUSAGE GRIDDLE, W/G	23 CINNAMON ROLL, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *BREAKFAST PIZZA, W/G
26 NO SCHOOL TODAY	27 LONG JOHN, W/G FRUIT 100% FRUIT JUICE MILK VARIETY *ASSORTED OPTIONAL ALTERNATES FOR THE LAST WEEK OF SCHOOL*	28 GRAPE FILLED CROISSANT, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	29 BREAKFAST PIZZA, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	

Alternate Breakfast Menu
CEREAL OR CEREAL BAR, W/G
MUFFIN, W/G
FRUIT
JUICE
MILK

MENU SUBJECT TO CHANGE

MILK VARIETY
Chocolate, Fat Free
White Fat Free
White, LoFat, 1%

**This institution is an
equal opportunity
provider.**