



Lambert & MS Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
*MS ALTERNATE BREAKFAST OPTION	MENU SUBJECT TO CHANGE		1 PANCAKE ON A STICK, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *APPLE FRUDEL, W/	2 NO SCHOOL TODAY
5 LONG JOHN, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *FRENCH TOAST STICKS, W/	6 CINNAMON ROLL, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *PANCAKE SAUSAGE GRIDDLE, W/	7 MINI PANCAKES, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *TORNADO, W/	8 EGG PATTY & CHEESE SLICE ENGLISH MUFFIN, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *CINNAMON FRUDEL, W/	9 CEREAL BOWL W/ MUFFIN, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *APPLE FILLED DONUT, W/
12 FRENCH TOAST STICKS, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *STRAWBERRY BAGEL, W/	13 EGG & CHEESE WRAP, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *DUTCH WAFFLE, W/	14 BREAKFAST RINGS, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *PANCAKE ON A STICK, W/	15 RAINBOW YOGURT W/ GRANOLA, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *LONG JOHN, W/	16 EGG PATTY W/ CHEESE ON ENGLISH MUFFIN, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *CEREAL W/ MUFFIN, W/
19 CHOC FILLED DONUT, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *TORNADO, W/	20 EGG, SAUSAGE MCGRIDDLE, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *LONG JOHN, W/	21 APPLE/CHERRY FRUDEL, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *BISCUITS & GRAVY, W/	22 PANCAKE ON A STICK, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *MINI BREAKFAST RINGS, W/	23 CINNAMON ROLL, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *APPLE FILLED DONUT, W/
26 NO SCHOOL TODAY	27 LONG JOHN, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *YOGURT W/ GRANOLA, W/	28 OMELETTE W/ SAUSAGE FRUIT 100% FRUIT JUICE MILK VARIETY *CHOCOLATE FILLED DONUTS, W/	29 MINI PANCAKES, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *CINNAMON FRUDEL, W/	30 CEREAL BOWL W/ MUFFIN, W/ SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY *DUTCH WAFFLE, W/

Alternate Breakfast Menu
BREAKFAST PIZZA, W/ SYRUP
FRUIT
100% FRUIT JUICE
MILK VARIETY

MILK VARIETY
Chocolate, Fat Free
White Fat Free
White, LoFat, 1%

This institution is an
equal opportunity
provider.