

SEPTEMBER



Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 SHRIMP POPPERS, WG MAC & CHEESE, WG CALIFORNIA BLEND MIXED VEGGIES CARROT STICKS W/LIGHT RANCH APPLE SLICES OR STRAWBERRIES MILK VARIETY	2 CORN DOG, WG SWEET POTATO FRIES BUTTERY PEAS MIXED BERRY CUP OR APPLESAUCE CUP O'HENRY BAR, WG MILK VARIETY	3 FRENCH TOAST STICKS, WG SAUSAGE PATTY HASHBROWNS ORANGE, FRESH OR BLUEBERRIES MILK VARIETY	4 BREADED PORK PATTY, WG HAMBURGER BUN, WG SWEET WAFFLE FRIES CREAMY COLE SLAW PEAR CUP OR MANDARIN ORANGES MILK VARIETY
7 NO SCHOOL TODAY	8 BBQ RIB PATTY HAMBURGER BUN, WG BAKED FRIES CORN PINEAPPLE CHUNKS OR PEACH CUP M & M COOKIE DOUGH, WG MILK VARIETY	9 HAM PATTY W/CHEESE HAMBURGER BUN, WG BAKED WEDGES BAKED BEANS BANANA, FRESH OR MIXED FRUIT SUGAR COOKIE, WG MILK VARIETY	10 CHICKEN NUGGETS, WG ROLL, WG WHIPPED POTATOES & GRAVY CHEEZY BROCCOLI STRAWBERRIES OR CRAISINS MILK VARIETY	11 PEPPERONI BOAT, WGT ROMAINE SALAD W/LIGHT RANCH GREEN BEANS GRAPES, FRESH OR APPLESAUCE MILK VARIETY
14 HOT DOG, W/ BUN, WG BAKED FRENCH FRIES CUCUMBER SLICES W/LIGHT RANCH ORANGE, FRESH OR PEAR CUP ROYAL BROWNIE, WG MILK VARIETY	15 SCHOOL CHEESE PIZZA, WG ROMAINE SALAD W/LIGHT RANCH CHERRY TOMATOES APPLE SLICES OR PEACH CUP SHERBET CUP MILK VARIETY	16 MAIDRITE HAMBURGER BUN, WG BAKED WEDGES GRAPES, FRESH OR BLUEBERRIES CHOCOLATE CHIP COOKIE, WG MILK VARIETY	17 CRISPY CHICKEN PATTY, WG HAMBURGER BUN, WG CARROT STICKS W/LIGHT RANCH BAKED BEANS MIXED BERRY CUP OR APPLESAUCE CUP MILK VARIETY	18 EGG/ SAUSAGE/CHEESE HAMBURGER BUN, WG HASHBROWN BANANA, FRESH OR STRAWBERRIES MILK VARIETY
21 GRILLED CHEESE SANDWICH, WG TOMATO SOUP CARROT STICKS PINEAPPLE CHUNKS OR BLUEBERRIES MILK VARIETY	22 HOT CHICKEN SUNDAE, WG WHIPPED POTATOES BUTTERY PEAS SLICED APPLES OR PEACH CUP MILK VARIETY	23 WALKING CHEESEBURGER, WG CORN SLICED CUCUMBERS W/LIGHT RANCH CRAISINS OR FRUIT SLUSHIE MILK VARIETY	24 CHEESE QUESADILLA, WG BAKED FRENCH FRIES BAKED BEANS GRAPES, FRESH OR PEAR CUP MILK VARIETY	25 BONELESS CHICKEN WINGS, WG ROLL, WG BAKED WEDGES GREEN BEANS ORANGE, FRESH OR APPLESAUCE CUP MILK VARIETY
28 ORANGE CHICKEN, WG FRIED RICE BUTTERED PEAS BLUEBERRIES OR APPLESAUCE MILK VARIETY	29 SPAGHETTI, WG GARLIC CHEESE BREAD, WG ROMAINE SALAD W/LIGHT RANCH GLAZED CARROTS ORANGE, FRESH OR MIXED BERRY CUP MILK VARIETY	30 GRILLED CHICKEN PATTY SEASONED NOODLES, WG GREEN BEANS CARROT STICKS W/LIGHT RANCH GRAPES, FRESH OR STRAWBERRIES RICE KRISPIE TREAT, WG MILK VARIETY		

ALTERNATE MAIN ITEM
Garden Salad W/Roll OR Crustless
PBJ & Cheese Stick offered
everyday
Mon., Wed., Fri., Chicken Patty with
WG Bun

MENU SUBJECT TO CHANGE

MILK VARIETY
Chocolate, Fat Free
White Fat Free
White, LoFat, 1%

**This institution is an
equal opportunity
provider.**