



# Mid-Hawk News



November 2025



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We are excited to announce an addition to our website that posts community activities for students to get involved in outside of school hours. If you would like to view the opportunities OR submit something to be posted please visit the following [link](#).



**Check out our  
West Delaware Middle school  
Facebook Page for more updates  
and reminders!**

# NOVEMBER

2025

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
	3	4	5	6	7	8
2	7/8 CBB vs CPU	Veteran's Day Assembly 10:15am	1:25 Dismissal	7/8 CBB vs Marion <b>TWA DAY</b>		
9	10	11	12	13	14	15
	School Board Meeting	7/8 BW @ Home	1:25 Dismissal	7/8 CBB vs Benton		
16	17	18	19	20	21	22
	7/8 CBB vs Indee	7/8 BW @ Home	1:25 Dismissal	7/8 CBB vs Solon	7/8 BW @ Marion	
23	24	25	26	27	28	29
	7/8 CBB vs Vinton-Shells			<b>NO SCHOOL</b> 		
30	1	2	3	4	5	6
	7/8 CBB vs Williamsburg 5/6 Winter Concert	7/8 BW @ North Fayette Valley	1:25 Dismissal	<b>TWA DAY</b> 7/8 BW @ Indee 7/8 CBB vs CPU		



# Lambert & MS Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 CHOC FILLED DONUT, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	4 CEREAL BOWL/MUFFIN, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	5 APPLE/CHERRY FRUDEL, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	6 PANCAKE ON A STICK, W/G SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY	7 CINNAMON ROLL, W/G FRUIT 100% FRUIT JUICE MILK VARIETY
10 EGG PATTY W/CHEESE, W/G CROSSANT, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	11 BAVARIAN WAFFLE STICKS, W/G SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY	12 MIDIE PANCAKES, W/G SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY	13 LONG JOHN, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	14 BREAKFAST CHURRO, W/G CHEESESTICK FRUIT 100% FRUIT JUICE MILK VARIETY
17 FRENCH TOAST STICKS, W/G SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY	18 STUFFED EGG & CHEESE HASHBROWN FRUIT 100% FRUIT JUICE MILK VARIETY	19 BREAKFAST BUNS, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	20 RAINBOW YOGURT W/GRANOLA, W/G MUFFIN, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	21 OMELLET & SAUSAGE ON A BUN, W/G FRUIT 100% FRUIT JUICE MILK VARIETY
24 CHOC FILLED DONUT, W/G FRUIT 100% FRUIT JUICE MILK VARIETY	25 PANCAKE ON A STICK, W/G SYRUP FRUIT 100% FRUIT JUICE MILK VARIETY	26 NO SCHOOL TODAY	27 NO SCHOOL TODAY	28 NO SCHOOL TODAY

**Alternate Breakfast Menu**  
BREAKFAST PIZZA, W/G

FRUIT  
100% FRUIT JUICE  
MILK VARIETY

**MENU SUBJECT TO CHANGE**

**MILK VARIETY**  
Chocolate, Fat Free  
White Fat Free  
White, LoFat, 1%

**This institution is an equal opportunity provider.**



# Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 BOLENESS CHICKEN WINGS, WG WHIPPED POTATO & GRAVY STEAMED BROCCOLI KIWI, FRESH OR FRUIT SLUSHIE MILK VARIETY	4 PEREGRINE BOAT, WG BAKED FRIES ROMAINE SALAD, W/LIGHT RANCH GRAPE, FRESH OR PEAR CUP MILK VARIETY	5 EGG SAUSAGE PATTY W/CHEESE HAMBURGER BUN, WG BAKED POTATO WEDGES BANANA, FRESH OR STRAWBERRIES MILK VARIETY	6 MEXICAN STRAW HAT, WG REFRIED BEANS CHERRY TOMATOES APPLE, FRESH OR PINEAPPLE CHUNKS CINNAMON ROLL, WG MILK VARIETY	7 PIZZARONI CASSEROLE, WG BREADSTICK, WG BAKED ASPARAGUS GREEN BEANS BAKED APPLES OR MIXED FRUIT, LIGHT SYRUP MILK VARIETY
10 GRILLED CHEESE SANDWICH, WG TOMATO SOUP CARROT STICKS W/LIGHT RANCH ROMAINE SALAD W/LIGHT RANCH BLUEBERRIES OR ASST. CRAISINS MILK VARIETY	11 HOT CHICKEN SUNDAE, WG WHIPPED POTATOES & GRAVY CHEESY BROCCOLI BANANA OR PEACH CUP CHOCOLATE CHIP COOKIE, WG MILK VARIETY	12 MEATBALL & BUN, WG BAKED WEDGES GREEN BEANS KIWI, FRESH OR FRUIT SLUSHIE MILK VARIETY	13 BBQ PULLED PORK HAMBURGER BUN, WG SWEET W/AFLE FRIES BAKED BEANS GRAPE, FRESH OR PEAR CUP MILK VARIETY	14 WALKING CHEESEBURGER, WG CHERRY TOMATOES CORN ORANGE, FRESH OR APPLE SAUCE CUP MILK VARIETY
17 BREADED CHICKEN PATTY, WG HAMBURGER BUN, WG BAKED FRENCH FRIES BAKED ASPARAGUS STRAWBERRY CUP OR PEACH CUP MILK VARIETY	18 CORN DOG, WG SWEET W/AFLE FRIES BROCCOLI W/CHEESE MELON, FRESH OR APPLES SAUCE CUP CHERRY BAR, WG MILK VARIETY	19 CHICKEN QUESADILLA, WG ROMAINE SALAD W/LIGHT RANCH CORN BLUEBERRIES OR PINEAPPLE CHUNKS MILK VARIETY	20 WALKING TACO, WG BAKED TOTS REFRIED BEANS KIWI, FRESH OR MANDARIN ORANGES, LIGHT SYRUP MILK VARIETY	21 ORANGE CHICKEN ROLL, WG FRIED RICE, WG BUTTERY PEAS GLAZED CARROT'S KIWI, FRESH OR MIXED FRUIT CUP MILK VARIETY
24 GRILLED CHICKEN PATTY SEASONED NOODLES GREEN BEANS ROMAINE SALAD W/LIGHT RANCH GRAPE, FRESH OR STRAWBERRIES RICE KRISPITZ TREAT MILK VARIETY	25 PIZZA DIPPERS W/DIPPING SAUCE, WG BAKED POTATO WEDGES GLAZED CARROT'S MELON, FRESH OR PEARS, LIGHT SYRUP MILK VARIETY	26 NO SCHOOL TODAY	27 NO SCHOOL TODAY	28 NO SCHOOL TODAY

**MENU SUBJECT TO CHANGE**

**ALTERNATE MAIN ITEM**  
Garden Salad w/Roll OR Crustless  
PBJ & Cheese Stick offered  
everyday  
Mon., Wed., Fri., Hamburger Patty  
with WG Bun

**MILK VARIETY**  
Chocolate, Fat Free  
White Fat Free  
White, LoFat, 1%

This institution is an  
equal opportunity  
provider.

# 7TH & 8TH BOYS WRESTLING SCHEDULE

<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
11/11	4:15pm	Home
11/18	4:15pm	Home
11/21	4:15pm	Vernon MS, Marion
12/2	4:15pm	North Fayette Valley
12/4	4:00pm	Independence
12/9	4:15pm	Home
12/12	4:15pm	Home (WD High School, Seedorff)
12/16	4:15pm	Mount Vernon



# 7TH GRADE GIRLS BASKETBALL SCHEDULE

<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
11/6	4:15pm	Home
11/10	4:15pm	Center Point-Urbana
11/13	4:15pm	Home
11/17	4:15pm	Independence
11/20	4:15pm	Solon
11/24	4:15pm	Home
12/1	4:15pm	Williamsburg
12/4	4:15pm	Home
12/8	4:15pm	Marion
12/11	4:15pm	Home
12/18	4:15pm	Home

# 8TH GRADE GIRLS BASKETBALL SCHEDULE

<u>DATE</u>	<u>TIME</u>	<u>LOCATION</u>
11/6	4:15pm	Marion
11/10	4:15pm	Home
11/13	4:15pm	Benton
11/17	4:15pm	Home
11/20	4:15pm	Home
11/24	4:15pm	Vinton-Shellsburg
12/1	4:15pm	Home
12/4	4:15pm	Center Point-Urbana
12/8	4:15pm	Home
12/11	4:15pm	Independence
12/18	4:15pm	Mount Vernon



WEST DELAWARE MIDDLE  
SCHOOL PRESENTS



# ANNUAL VETERANS DAY *Program*

A memorial event to recognize  
those who served in our families,  
community, and nation.



Featuring guests from the American  
Legion and musical performances from  
our middle school students.



TUESDAY

**11 NOV 2024**

10:15 AM



Open to the public

Free to attend

SEATING BEGINS AT 10:00 AM





## INVITATION TO WASHINGTON D.C.

To: 6-7th grade students and their parents

From: Mrs. Fink, 8th Grade History Teacher at West Delaware Middle School

Dear Parents and Students,

I am very excited to announce that World Classrooms will be leading a select group of students and parents from West Delaware Middle School Community on an educational tour to Washington, D.C. on July 28-31, 2027. Together, we will embark on an educational journey taking us outside the classroom walls, where learning comes alive and once-in-a-lifetime memories are created.

You're invited to a parent informational meeting to discuss this educational adventure on:

**Tuesday, November 4th | 6:30 PM - 7:00 PM at the school**



SCAN TO RSVP

We have made this journey affordable for all families. Enrolling not only guarantees a reserved spot on the trip, but also makes each traveler eligible for an **Early Bird Scholarship of \$500**. This ensures reasonable monthly installments of only **\$148** for families who take advantage of the scholarship opportunity.

This is going to be a life-changing, safe, and well-organized educational experience. To ensure this, we are partnering with World Classrooms, who travels alongside 97 schools from Iowa and is the highest-rated student travel program in the Midwest. Our group will be led by certified tour guides 24 hours of the day. They have years of experience leading students and a proven track record for safety.

**Enroll by November 4th & save \$500!**

I sincerely hope you will take advantage of this special opportunity to stand at the Lincoln Memorial where Martin Luther King Jr. gave his "I Have a Dream" speech, watch the Changing of the Guard at Arlington National Cemetery, and remember the lives lost at the Holocaust Memorial Museum. For any questions, email Mrs. Fink at: [staceyfink@w-delaware.k12.ia.us](mailto:staceyfink@w-delaware.k12.ia.us).

Don't miss out,

*Mrs. Fink*

Mrs. Fink

**\*\*This is a non-school sponsored event\*\***