



MONTHLY NEWSLETTER

HIGH SCHOOL

Feb / 2026

High School Office

ISASP Prep & Testing Schedule

As we head into **ISASP season this spring**, we want students to be focused and confident. ISASP results are one key measure used in our **Iowa School Performance Profile (ISPP)**—and a strong effort helps us keep improving. West Delaware is currently in the **High Performing** category, ranked **#12 in the state** and **#1 in the WAMAC**. Our goal is to keep building and push toward an **Exceptional** rating!

Key Dates

- **March 5** — ISASP Prep
- **March 12** — ISASP Prep: **Honor Code / SRT Test Prep (Tools)**
- **March 19** — ISASP Prep: **ELA Review**
- **March 27** — ISASP Prep: **Math Review**
- **April 13-17** — **ISASP Testing**

How families can help

- Encourage **attendance, sleep**, and a **good breakfast**
- Remind students: **take your time, use strategies, and give your best effort**

Bullying & Harassment: Our Expectations and How to Report

West Delaware is committed to providing a safe, respectful learning environment for every student. **Bullying and harassment are not acceptable**—in the classroom, the hallways, online, or anywhere our students are connected to school.

What we mean by bullying and harassment

- **Bullying** typically involves **repeated** behavior meant to hurt, intimidate, or embarrass someone, often with a **power imbalance** (social, physical, or emotional).
- **Harassment** includes **unwelcome** words or actions that target someone's identity or personal characteristics and can create a hostile environment (including slurs, degrading comments, or threats).



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What students can expect from us

When we receive a report, we will:

- Take it seriously and respond promptly
- Investigate and gather information
- Address behavior through teaching, support, and/or discipline when needed
- Provide support to students impacted
- Continue monitoring to prevent retaliation or repeat behavior

What we need from students and families

We can only address what we know about. If something happens:

- **Tell an adult right away** (teacher, counselor, administrator, coach)
- Save evidence when possible (screenshots/messages)
- Report even if you're not sure it "counts"—we'll help sort it out

How to report

Students and families can report concerns by contacting:

- A **counselor**, teacher, coach, or the main office
- The **principal's office** directly
- Fill out a Bullying and Harassment

Our goal is simple: **Every student deserves to feel safe, respected, and able to learn.** Thank you for partnering with us to create a culture where we look out for each other and speak up when something isn't right.



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WELCOME TO THE

H.A.W.K.S
Nest

1:30-3:00
MR. COATES
ROOM

HELPING
ALL
WITH
KNOWLEDGE &
SUCCESS

LISTEN TO THE WEEKLY
HAWK HYPE FOR DATES

Make the most
of your studying
with these
helpful tips!



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Counselors' Corner

 **Fall in Love with Free Money!**  The FAFSA is a free, annual form required to apply for federal, state, and college-sponsored financial aid, including grants, loans, and work-study programs. It determines a student's eligibility for funds to pay for college, career school, or graduate school. Currently, 50% of West Delaware Seniors have completed the form and are on their way to making financially wise decisions post graduation. February 9-13th, we will be participating in a Mini FAFSA Week to help students make the next steps towards college. Free help is available to families filing the FAFSA. Schedule our in-person or virtual appointment with I Can Succeed today by visiting the following [link](#).

 **WD Local Scholarships Available Now:** West Delaware is fortunate to have generous support from local community members and organizations supporting the future goals of our graduates. Last year, over \$87,000 in awards were given to WD seniors. Be sure to check out our [scholarship page](#) and apply to any and all local scholarships you can. Senior Awards Night will take place on May 6th.

 **Brain Health Bit:** For our students, the spring semester can bring a high level of stress. Intense, sustained workload, fewer breaks, and pressure of high-stakes exams such as ACT/SAT and ISASP, along with college exploration and finalizing future plans, can all feel a bit much. Add the fun of spring activities, prom, and a touch of "senioritis," and it can be a time of mental fatigue and emotional burnout.

To prepare our students, this month's Together We Are Brain Health lesson is focused on mindfulness and meditation. These strategies offer evidence-based mental and physical health benefits by training the brain to focus on the present moment, reducing stress, anxiety, and depression symptoms. To do this, instructors from Riverview Wellness will be joining students to provide a 30 minute yoga/mindfulness session. Students will also have the option to practice mindfulness in the form of art therapy, as well as physical movement activities. Thank you to Riverview Wellness for leading such a great experience for students!

 **26-27 Course Registration** - Course registration for the 26-27 school year has begun! Although we are working through the growing pains of our upgraded Career Information System, we are finding Xello to be a huge improvement for ease of planning with students. Please be checking email regularly for updates on the process!

 **Early Graduation Deadline** for current seniors is Wednesday, March 4th



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Upcoming Dates

[DISTRICT CALENDAR](#)

[BOUND CALENDAR](#)

[FOOD SERVICE MENUS](#)