

July



Summer Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
20 CEREAL BOWL, WG (1 GRAIN) STRAWBERRY CUP (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)	21 MUFFIN, WG (1 GRAIN) BLUEBERRIES (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)	22 LONG JOHN, WG (2 GRAIN) PEACH CUP (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)	23 YOGURT CUP (1 M/MA) GRANOLA (1 GRAIN) CRAISINS (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)	24 MINI PANCAKES (2 GRAIN) APPLESAUCE CUP (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)
27 CEREAL BOWL, WG (1 GRAIN) STRAWBERRY CUP (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)	28 MUFFIN, WG (1 GRAIN) BLUEBERRIES (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)	29 LONG JOHN, WG (2 GRAIN) PEACH CUP (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)	30 YOGURT CUP (1 M/MA) GRANOLA (1 GRAIN) CRAISINS (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)	31 MINI PANCAKES (2 GRAIN) APPLESAUCE CUP (1/2 CUP) 100% FRUIT JUICE (1/2 CUP) MILK VARIETY (1 CUP)

MENU SUBJECT TO CHANGE

MILK VARIETY
 Chocolate, Fat Free
 White Fat Free
 White, LoFat, 1%

This institution is an
 equal opportunity
 provider.