

# July



## Summer Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
20 CHICKEN ALFREDO (1.5 GRAIN, 1 M/MA) GLAZED CARROTS (1/2 CUP) MANDARIN ORANGES (1/2 CUP) MILK VARIETY (1 CUP)	21 PEPPERONI BOAT (1.25 GRAIN, 1 M/MA) SLICED CUCUMBERS (1/2 CUP) MIXED FRUIT (1/2 CUP) MILK VARIETY (1 CUP)	22 CHEESEBURGER (2 M/MA) BUN (2 GRAIN) BAKED POTATO WEDGES (1/2 CUP) APPLES AUCE (1/2 CUP) MILK VARIETY (1 CUP)	23 PIZZA SLICE (2 GRAIN, 1 M/MA) GREEN BEANS (1/2 CUP) BANANA (1 EACH, 1/2 CUP) MILK VARIETY (1 CUP)	24 BREADED PORK PATTY (.75 GRAIN, 2 M/MA) BUN (2 GRAIN) CORN (1/2 CUP) BLUEBERRIES (1/2 CUP) MILK VARIETY (1 CUP)
27 CHICKEN ALFREDO (1.5 GRAIN, 1 M/MA) GLAZED CARROTS (1/2 CUP) MANDARIN ORANGES (1/2 CUP) MILK VARIETY (1 CUP)	28 PEPPERONI BOAT (1.25 GRAIN, 1 M/MA) SLICED CUCUMBERS (1/2 CUP) MIXED FRUIT (1/2 CUP) MILK VARIETY (1 CUP)	29 CHEESEBURGER (2 M/MA) BUN (2 GRAIN) BAKED POTATO WEDGES (1/2 CUP) APPLES AUCE (1/2 CUP) MILK VARIETY (1 CUP)	30 PIZZA SLICE (2 GRAIN, 1 M/MA) GREEN BEANS (1/2 CUP) BANANA (1 EACH, 1/2 CUP) MILK VARIETY (1 CUP)	31 BREADED PORK PATTY (.75 GRAIN, 2 M/MA) BUN (2 GRAIN) CORN (1/2 CUP) BLUEBERRIES (1/2 CUP) MILK VARIETY (1 CUP)

**MENU SUBJECT TO CHANGE**

**MILK VARIETY**  
 Chocolate, Fat Free  
 White Fat Free  
 White, LoFat, 1%

**This institution is an  
 equal opportunity  
 provider.**